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**FEBRUARY NEWSLETTER**  
**692-1111**

**Welcome to our**  
**New Family**

**Birthdays in**  
**February**

- 11** Iris Lin
- 14** Amelia Hines
- 20** Nolan Schwartz
- 26** Madison Glass

**Valentine's Day**

Please see Ashley or Master Myung for our special Valentine's to hand out at your school!



**INSTRUCTIONS OF THE**  
**WEEK**

February 4<sup>th</sup> – February 8<sup>th</sup> Forms  
February 11<sup>th</sup> – February 15<sup>th</sup> Review for Testing  
February 18<sup>th</sup> – February 22<sup>nd</sup> Self-Defense  
February 25<sup>th</sup> – March 1<sup>st</sup> Kicking Combinations and Self-Defense

**Breaking**

Thursday, February 7<sup>th</sup>  
Thursday, February 28<sup>th</sup>  
**Students must pay \$1 per board they break.**

**Students must pay before class or they will not break boards.**

**Sparring**

Thursday, February 21<sup>st</sup>  
**YELLOW BELTS AND UP DO NOT FORGET TO BRING YOUR SPARRING GEAR! NO GEAR = NO PARTICIPATION**

*Happy Valentine's Day*

**Black Belt**  
**Helping Classes**

Brown belts and higher are encouraged to come on the following Saturdays at 9 am until 10:30 am: February 9<sup>th</sup> and February 23<sup>rd</sup>

**Testing**

We will be holding an all-belt test on Saturday, February 16<sup>th</sup> at 10:30 am. Belt ceremony immediately following.

**Nerf Gun War**

On Friday, February 22<sup>nd</sup> at 6 pm you should bring all your nerf guns and bullets to verse others in our nerf gun battle! Small forts and tents are encouraged!