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**APRIL NEWSLETTER  
692-1111**

**Welcome to our  
New Family**

**Birthdays in  
April**

- 16 Chaz Mellor
- 18 Joshua Myung
- 21 Owen Zuercher
- 24 Chris Galloway
- 29 Cooper Hotson

**Lock-In**

We will be holding a lock-in on Friday, May 17<sup>th</sup>

**Happy  
Easter!!**

**INSTRUCTIONS OF THE  
WEEK**

April 1<sup>st</sup> – April 12<sup>th</sup> Review for Testing  
April 15<sup>th</sup> – April 19<sup>th</sup> Self-Defense  
April 22<sup>nd</sup> – April 26<sup>th</sup> Self-Defense and Kicking  
Combinations

**Breaking**

Thursday, April 18<sup>th</sup>  
Students must pay \$1 per board they break.  
Students must pay before class or they will not break boards.

**Sparring**

Thursday, April 4<sup>th</sup>  
Thursday, April 25<sup>th</sup>  
**YELLOW BELTS AND UP DO NOT FORGET TO  
BRING YOUR SPARRING GEAR! NO GEAR = NO  
PARTICIPATION**

**Black Belt  
Helping Classes**

Brown belts and higher are encouraged to come on the following Saturdays at 9 am until 10:30 am: April 6<sup>th</sup> and April 27<sup>th</sup>

**Testing**

We will be holding an all-belt test on Saturday, April 13<sup>th</sup> at 10:30 am. Belt ceremony immediately following.

**Nerf Gun War**

On Friday, April 26<sup>th</sup> at 6 pm to 7 pm you should bring all your nerf guns and bullets to verse others in our nerf gun battle! Small forts and tents are encouraged!

