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**JUNE NEWSLETTER  
692-1111**



## Welcome to our New Family

## Birthdays in June

- 1 Spencer Rawson
- 10 Ben Ottwein
- 11 Jessica Glass
- 13 Rigby Harmon
- 27 Dempsey Harmon
- 28 Nathaniel Dietz
- 28 Dakota Nolte
- 29 Drew Sutherland
- 30 Ivy Lin

## Nerf Gun War

Our next Nerf Gun War will be held on Friday, June 21<sup>st</sup> from 6 to 7pm. Bring protective eye glasses and shields for blocking!

## INSTRUCTIONS OF THE WEEK

June 3<sup>rd</sup> – June 14<sup>th</sup> Review for Testing  
June 17<sup>th</sup> – June 21<sup>st</sup> Self-Defense  
June 24<sup>th</sup> – June 28<sup>th</sup> Self-Defense and  
Kicking Combinations  
Free-Style Classes on Saturdays.

## Breaking

Thursday, June 6<sup>th</sup>  
Thursday, June 27<sup>th</sup>

**Students must pay \$1 per board  
they break.**

**Students must pay before class or they will  
not break boards.**

## Sparring

Thursday, June 20<sup>th</sup>

**YELLOW BELTS AND UP DO NOT FORGET TO  
BRING YOUR SPARRING GEAR! NO GEAR =  
NO PARTICIPATION**

## No Class

We will be closed the week of Monday, July  
1<sup>st</sup> through Saturday, July 6<sup>th</sup> for summer  
break!

## Black Belt Helping Classes

Brown belts and higher are encouraged to come on the following Saturdays at 9 am until 10:30 am: June 8<sup>th</sup> and June 22<sup>nd</sup>

## Testing

We will be holding an all-belt test on Saturday, June 15<sup>th</sup> at 10:30 am. Belt ceremony immediately following.

## Tuesday Morning Classes

Through the summer we will hold morning classes on Tuesdays at 10:30 until 11:30 am.

