



WWW.MYUNG MARTIAL ARTS.COM



**MARCH NEWSLETTER
692-1111**

**INSTRUCTIONS OF THE
WEEK**

March 2nd – March 13th Forms
March 16^h – March 20th Self-Defense and
Kicking Combinations
March 23rd – March 27th Forms

Breaking

Thursday, March 5th
Thursday, March 19th

**Students must pay \$1 per board
they break.**

**Students must pay before class or they will not
break boards.**

Sparring

Thursday, March 12th
Thursday, March 26th

**YELLOW BELTS AND UP DO NOT FORGET TO
BRING YOUR SPARRING GEAR! NO GEAR = NO
PARTICIPATION**

Black Belt

Helping Classes

Brown belts and higher
are encouraged to
come on the following
Saturdays at 9 am until
10:30 am: March 14th

Testing

We will be holding an
all-belt test on
Saturday, April 18th at
10:30 am. Belt
ceremony immediately
following.

**Welcome to our
New Family**

**Birthdays in
March**

- 6 William Arnold
- 8 Samantha Alepra
- 24 Stephanie Mellor
- 26 Jack Blair
- 28 Edinam Kraka

Dodgeball Game

Join us on Friday, March
20th at 6 pm for some
dodgeball! Get ready to
duck, dip, dive, and
dodge! All friends and
family are welcome.

**Happy St.
Patrick's Day!**

