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NOVEMBER NEWSLETTER

692-1111



**INSTRUCTIONS OF THE
WEEK**

November 2nd – November 13th Forms

November 16th – November 20th Self-Defense
and Kicking Combinations

November 23rd – November 25th Forms

**Nerf-Gun War
and Dodgeball**

Join us Friday, November 20th, at 5:30 pm for some nerf-gun wars and dodgeball games. Be ready to verse your family and friends!

Testing

We will be holding an all-belt test on Friday, December 18th at 5:30 pm. Belt ceremony immediately following.

**Special Tournament-Style
Breaking**

Thursday, November 12th

Students must pay \$1 per board they break. Color belts are allowed to break up to FIVE boards, Black belts are allowed to break up to SEVEN boards.

Students must pay before class or they will not break boards.

No Class

There will be no classes Thursday, November 26th or Friday, November 27th. Enjoy your Thanksgiving!

Sparring

Thursday, November 5th

Thursday, November 19th

YELLOW BELTS AND UP DO NOT FORGET TO BRING YOUR SPARRING GEAR! NO GEAR = NO PARTICIPATION

