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Welcome to Our New Family

Birthdays in May

- 1 Paislee Giles
- 19 Morgan Jones
- 20 Yurino Kawashima
- 21 Sid Girada
- 21 Ada Hines
- 22 Tim Joiner
- 24 Reidun Akandt
- 24 Cadan Reaka
- 26 Lilly Joiner

No Class

There will be no class on Monday, May 31st in celebration of Memorial Day. Everyone have a safe, fun weekend!



INSTRUCTIONS OF THE WEEK

May 3rd – May 14th Forms
May 17th – May 21st Self-Defense
May 24th – May 28th Self-Defense and Kicking
Combinations

Special Tournament-Style Breaking

Thursday, May 20th
Students must pay \$1 per board
they break. Color belts are allowed to break up
to FIVE boards, Black belts are allowed to break
up to SEVEN boards.
Students must pay before class or they will not
break boards.

Sparring

Thursday, May 6th
Thursday, May 13th
Thursday, May 27th
**YELLOW BELTS AND UP DO NOT FORGET TO
BRING YOUR SPARRING GEAR! NO GEAR = NO
PARTICIPATION**

Summer Camp

Let Master Myung know if you would be
interested in summer camp this year from
August 2nd – August 6th

Testing

We will be holding an
all-belt test on Friday,
June 11 at 5:30 pm.
Please let us know what
day you would rather
test on. Belt ceremony
immediately following.
**There will be NO CLASS
on testing days.**

Black Belt Helping Class

Brown belts and higher
are encouraged to
come on Saturday, May
22nd at 10:30 am for an
hour class dedicated to
practicing nunchakus
and sparring.

Nerf Gun War

Join us on Friday, May
14th at 6:10 pm for
another Nerf Gun War!
All families and friends
welcome.

