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**JANUARY NEWSLETTER**

**692-1111**

**INSTRUCTIONS OF THE  
WEEK**

January 3<sup>rd</sup> – January 7<sup>th</sup> Self-Defense

January 10<sup>th</sup> – January 21<sup>st</sup> Forms

January 24<sup>th</sup> – January 28<sup>th</sup> Kicking Combinations  
and Self Defense

**Breaking Class**

Thursday, January 6<sup>th</sup>

Thursday, January 20<sup>th</sup>

**Students must pay \$2 per board they break.  
Students must pay before class or they will not  
be able to break boards.**

**Sparring Class**

Thursday, January 13<sup>th</sup>

Thursday, January 27<sup>th</sup>

**YELLOW BELTS AND UP DO NOT FORGET TO  
BRING YOUR SPARRING GEAR! NO GEAR = NO  
PARTICIPATION**

**Nerf Gun War**

Join us on Friday, January 21<sup>st</sup>, at 6:30 pm for  
the first Nerf Gun War of the year! Friends and  
family are welcome. Bring your best guns and  
shields!

**Welcome to Our  
New Family**

**Birthdays in  
January**

- 2 Yan Qi
- 8 Jun Liu
- 12 Connor Munro
- 23 Ella Young
- 29 Vivian Molkenbur
- 31 Madelyn Ngo

**Annual Fee**

Our annual fee of \$60  
per student will be due  
no later than Friday,  
January 21<sup>st</sup>. Thank you  
for your cooperation!

**We wish  
everyone a happy  
and healthy New  
Year!**

**Testing**

We will be holding an  
all-belt test on Friday,  
February 18<sup>th</sup>, at 5:30  
pm. Please let us know  
what day you would  
rather test on. Belt  
ceremony immediately  
following.

**There will be NO CLASS  
on testing days. DON'T  
FORGET YOUR  
SPARRING GEAR!**

**Black Belt**

**Helping Class**

Brown belts and higher  
are encouraged to  
come on Saturday,  
January 22<sup>nd</sup>, at 10:30  
am for an hour class  
dedicated to practicing  
nunchakus and  
sparring.

