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AUGUST NEWSLETTER
692-1111

Welcome to our
New Family

Birthdays in
August

- 1 Nolan Jay
- 6 Samuel Bangert
- 11 Elliott Zuercher
- 13 Jack Wilkerson
- 19 Brayden Peterson
- 20 Luke Harn
- 24 Jingyi Jia
- 25 Kaia Akandt
- 31 Dev Tiwari

No Classes

There will be no class on Monday, September 5th, in honor of Labor Day. Everyone have a safe and fun holiday weekend!



INSTRUCTIONS OF THE
WEEK

August 1st – August 11th Review for Testing
August 15th – August 19th Self-Defense
August 22nd – September 2nd Forms

Breaking Class

Thursday, August 4th
Thursday, August 25th

Students must pay \$2 per board they break.
Students must pay before class or they will not be able to break boards.
If you are not breaking boards, you should not attend classes.

Sparring Class

Thursday, August 18th
Thursday, September 1st

DO NOT FORGET TO BRING YOUR SPARRING GEAR! NO GEAR = NO PARTICIPATION

Nerf Gun

Join us on Friday, August 26th, at 6:30 pm for another nerf gun war! Friends and family are welcome.

Good Luck to all of our students going back to school! Have a good year!

Testing

We will be holding an all-belt test on Friday, August 12th at 5:30 pm. Please let us know what day you would rather test on. Belt ceremony immediately following. **There will be NO CLASS on testing days. DON'T FORGET YOUR SPARRING GEAR!**

Black Belt
Helping Class

Brown belts and higher are encouraged to come on Saturday, August 6th, at 10:30 am for an hour class dedicated to practicing nunchakus and sparring.

