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**JANUARY NEWSLETTER**  
**618-692-1111**

**Welcome to our**  
**New Family**

**Birthdays in**  
**January**

- 2 Yan Qi
- 8 Jun Liu
- 8 Lily Sooah Kim
- 12 Connor Munro
- 29 Vivian Molkenbur
- 31 Madelyn Ngo

**Annual Fee**

Our annual fee of \$60 per student will be due no later than Monday, January 16<sup>th</sup>. Thank you for your cooperation!

**INSTRUCTIONS OF THE**  
**WEEK**

January 2<sup>nd</sup> – January 6<sup>th</sup> Self-Defense  
January 9<sup>th</sup> – January 20<sup>th</sup> Forms  
January 23<sup>rd</sup> – January 27<sup>th</sup> Self-Defense and  
Kicking Combinations

**Breaking Class**

Thursday, January 5<sup>th</sup>  
Thursday, January 19<sup>th</sup>

**Students must pay \$2 per board they break.**  
**Students must pay before class or they will not**  
**be able to break boards.**

**If you are not breaking boards, you should not**  
**attend classes.**

**Sparring Class**

Thursday, January 12<sup>th</sup>  
Thursday, January 26<sup>th</sup>

**DO NOT FORGET TO BRING YOUR SPARRING**  
**GEAR! NO GEAR = NO PARTICIPATION**

**Dodgeball Games**

Join us on Friday, January 20<sup>th</sup> at 6:30 pm for  
some dodgeball! Friends and family are  
welcome to join.

**Testing**

We will be holding an  
all-belt test on Friday,  
February 17<sup>th</sup> at 5:30  
pm. Please let us know  
what day you would  
rather test on. Belt  
ceremony immediately  
following.

**There will be NO**  
**CLASS on testing days.**  
**DO NOT FORGET**  
**YOUR SPARRING**  
**GEAR!**

**Happy New**  
**Year!!**

**We wish everyone**  
**a successful and**  
**happy new year.**