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**MAY NEWSLETTER**  
**618-692-1111**

**Welcome to our**  
**New Family**

**Birthdays in May**

- 10** Kai Novak
- 11** Jagger Bulva
- 20** Yurino Kawashima
- 21** Ada Hines
- 24** Reidun Akandt

**No Class**

There will be no class on Monday, May 27<sup>th</sup>, in honor of Memorial Day. Everyone have a safe and fun weekend!

**INSTRUCTIONS OF THE**  
**WEEK**

April 29<sup>th</sup> – May 3<sup>rd</sup> Forms  
May 6<sup>th</sup> – May 10<sup>th</sup> Kicking Combinations and Self-Defense  
May 13<sup>th</sup> – May 17<sup>th</sup> Forms  
May 20<sup>th</sup> – May 24<sup>th</sup> Self-Defense  
May 28<sup>th</sup> – May 31<sup>st</sup> Forms

**Breaking Class**

Thursday, May 16<sup>th</sup>

**Students must pay \$2 per board they break.**  
**Students must pay before class or they will not be able to break boards.**

**If you are not breaking boards, you should not attend classes.**

**Sparring Class**

Thursday, May 9<sup>th</sup>  
Thursday, May 30<sup>th</sup>

**DO NOT FORGET TO BRING YOUR SPARRING GEAR! NO GEAR = NO PARTICIPATION**

**Lock-In**

We will be holding a lock-in on Friday, May 17<sup>th</sup>, through Saturday, May 18<sup>th</sup>. Students/friends can arrive at 7:30 on Friday for an overnight stay and must be picked up by 9:30 am the next morning. See Master Myung for a brochure! It is \$55 per child for the lock-in.

**Testing**

We will be holding an all-belt test on Friday, June 7<sup>th</sup>, at 5:20 pm. Please let us know what day you would rather test on. Belt ceremony immediately following.

**There will be NO CLASS on testing days. DO NOT FORGET YOUR SPARRING GEAR!**

**Black Belt**

**Helping Class**

Brown belts and higher are encouraged to come on Saturday, June 1<sup>st</sup>, at 10:30 am for a class dedicated to practicing nunchakus and sparring.